

Vocabulary

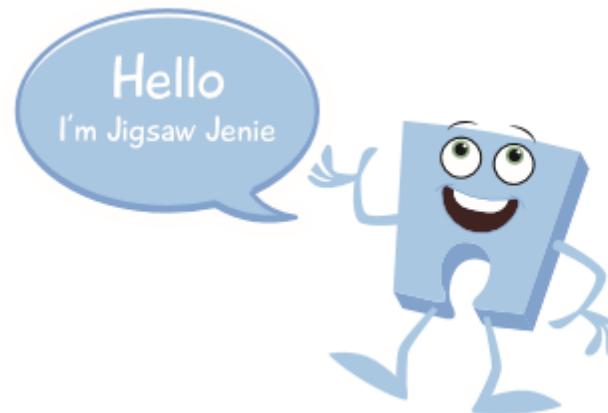
eye, ear, knee, finger, foot, mouth, nose, stomach, eyebrow, arm, tongue,
toe, forehead, chest, hand, leg

healthy, not healthy

baby, toddler, different, change, grow

emotions, excited, nervous, scared, happy, sad, worried

remember, fun, exciting, memories, favourite



Summary of unit

By the end of the 'Changing Me' topic I will:

Name parts of the body.

Discuss some things that you can do and some food you can eat to be healthy.

Understand that we all grow from babies to adults.

Express how you feel about moving to Year 1.

Talk about your worries and the things you are looking forward to about being in Year 1.

Share your memories of the best bits of your year in Reception.

Key questions

Can you name parts of the body?

What do we need to keep healthy and happy?

What are you excited for/ nervous about when moving to Year 1?

